

MIDCOAST SENIOR COLLEGE – FALL I 2026
“The Aging Body – Ask the Experts”

Topic/Speaker Schedule

September 4 – *Does a Heart Attack Mean My Heart is Failing?*

Presenter: Paul Burns MD

September 11 – *How Does the Aging Process Occur?*

Presenter: Lisa Yeah, DO

September 18 – *Piles of Pills: The Dangers of Polypharmacy*

Presenter: Aaron Koch, PharmD, BCPS

September 25 – *Sex After 70?*

Presenter: Melissa Streeter, MD

October 2 – *It's All About the Joints!*

Presenter: Lisa Khoury, MD

October 9 – *Air Moves In and Out: What Happens When It Can't?*

Presenter: Patrick Keaney, MD